



Child and adolescent suicide is now the second-leading cause of death for individuals aged 10 to 25, making it a growing and alarming concern. The trend arises from a multifaceted interplay of psychological, social, and environmental stressors that contribute to suicidal ideations or actions. Understanding the causes and identifying preventive strategies are crucial to addressing these issues effectively. Addressing the rising incidents of youth suicides requires understanding its root causes, identifying risk factors, and implementing preventive measures.

Suicidal stressors tend to arise from:

- 1. Depression & Anxiety**
- 2. Social Media and Cyberbullying**
- 3. Academic Pressure**
- 4. Isolation**
- 5. Family and Relationship Issues**
- 6. Substance Abuse**
- 7. Access to firearms or medications**

Child and Teen Suicide Publications

(2024)

1. Anderson, N. W., Hassler, G. W., Ohana, E., Griffin, B. A., Sheftall, A. H., & Ayer, L. (2024). Preteen Suicidal Ideation and Adolescent Academic Well-Being Among Child Welfare-involved Youth. *School Mental Health*, 1-13.
2. Awaad, R., Hussein, A., Durrani, Z., & Shareef, S. (2024). The development of a novel suicide postvention healing model for Muslim communities in the United States of America. *Journal of religion and health*, 63(2), 1002-1016.
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4. Baker, L. W., & Cross, M. R. Law and Ethics, Research, Media, and Looking Forward Toward Zero Suicide. In *Assessing and Treating Suicidal Thinking and Behaviors in Children and Adolescents* (pp. 11-31). Routledge.
5. Ballesteros, M. F. (2024). Background and rationale—CDC guidance for communities assessing, investigating, and responding to suicide clusters, United States, 2024. *MMWR supplements*, 73.
6. Chaudhary, S., Doh, K. F., Morris, E., Chivily, C., Washington, D. S., Gillespie, S. E., ... & Simon, H. K. (2024). Reducing firearm access for youth at risk for suicide in a pediatric emergency department. *Frontiers in public health*, 12, 1352815.
7. Diaz, A. (2024). Breaking the Silence: Family Conversations on Suicide.
8. Greydanus, D. E., Nazeer, A., Qayyum, Z., Patel, D. R., Rausch, R., Hoang, L. N., ... & Javed, A. (2024). Pediatric suicide: review of a preventable tragedy. *Disease-a-month*, 101725.
9. Hennefield, L., Denton, E. G., Chen, P. G., Sheftall, A. H., & Ayer, L. (2024). Preteen Suicide Risk Screening in the Pediatric Outpatient Setting: A Clinical Pathway. *Journal of the Academy of Consultation-Liaison Psychiatry*.
10. Hua, L. L., Lee, J., Rahmandar, M. H., Sigel, E. J., COMMITTEE ON ADOLESCENCE, & COUNCIL ON INJURY, VIOLENCE, AND POISON PREVENTION. (2024). Suicide and suicide risk in adolescents. *Pediatrics*, 153(1), e2023064800.
11. Kim, S., Park, J., Lee, H., Lee, H., Woo, S., Kwon, R., ... & Yon, D. K. (2024). Global public concern of childhood and adolescence suicide: a new perspective and new strategies for suicide prevention in the post-pandemic era. *World journal of pediatrics*, 20(9), 872-900.

12. Marcotte, D. E., & Hansen, B. (2024). The re-emerging suicide crisis in the US: Patterns, causes and solutions. *Journal of Policy Analysis and Management*, 43(2), 582-612.
13. Ruch, D. A., Horowitz, L. M., Hughes, J. L., Sarkisian, K., Luby, J. L., Fontanella, C. A., & Bridge, J. A. (2024). Suicide in US preteens aged 8 to 12 years, 2001 to 2022. *JAMA network open*, 7(7), e2424664-e2424664.
14. Sivertsen, B., O'Connor, R. C., Nilsen, S. A., Heradstveit, O., Askeland, K. G., Bøe, T., & Hysing, M. (2024). Mental health problems and suicidal behavior from adolescence to young adulthood in college: linking two population-based studies. *European Child & Adolescent Psychiatry*, 33(2), 421-429.
15. Spínola, L. G., Calaboíça, C., & Carvalho, I. P. (2024). The Use of Social Networking Sites and its Association with Non-suicidal Self-injury among Children and Adolescents: A Systematic Review. *Journal of Affective Disorders Reports*, 100781.
16. Tio, E. S., Misztal, M. C., & Felsky, D. (2024). Evidence for the biopsychosocial model of suicide: a review of whole person modeling studies using machine learning. *Frontiers in psychiatry*, 14, 1294666.

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1. Arnold, S., Correll, C. U., & Jaite, C. (2023). Frequency and correlates of lifetime suicidal ideation and suicide attempts among consecutively hospitalized youth with anorexia nervosa and bulimia nervosa: results from a retrospective chart review. *Borderline personality disorder and emotion dysregulation*, 10(1), 1-16.
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3. Bergström, T., Seikkula, J., Gaily-Luoma, S., Miettunen, J., & Kurtti, M. (2023). A 5-Year Suicide Rate of Adolescents Who Enrolled to an Open Dialogue-Based Services: A Nationwide Longitudinal Register-Based Comparison. *Community Mental Health Journal*, 59(6), 1043–1050
4. Braciszewski, J. M., Lanier, A., Yeh, H.-H., Sala-Hamrick, K., Simon, G. E., Rossom, R. C., Lynch, F. L., Waring, S. C., Lu, C. Y., Owen-Smith, A. A., Beck, A., Daida, Y. G., Maye, M., Frank, C., Hendriks, M., Fabian, N., & Ahmedani, B. K. (2023). Health Diagnoses and Service Utilization in the Year Before Youth and Young Adult Suicide. *Psychiatric Services (Washington, D.C.)*, 74(6), 566–573.
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Sample of U.S. Youth and Implications for Suicide Prevention. *Journal of Child & Adolescent Trauma*, 16(2), 173–182

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8. Hausmann-Stabile, C., Meca, A., Mazzula, S. L., Duarte, C. S., & Lewis-Fernández, R. (2023). Acculturation and suicide-related risk in ethno-racially minoritized youth in the United States: A scoping review and content analysis of the empirical evidence. *Social Psychiatry and Psychiatric Epidemiology: The International Journal for Research in Social and Genetic Epidemiology and Mental Health Services*
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10. Knopf, A. (2023). Study finds increasing death rate in children and teens due to guns, drugs, and suicide. *Brown University Child & Adolescent Behavior Letter*, 39(6),
11. Magat, A. (2023). Protecting Children's Privacy Rights: A Preventative Measure for Suicide Among Children. *Children's Legal Rights Journal*, 43(2), 62–69.
12. Marcotte, D. E., & Hansen, B. (2023). *The Re-Emerging Suicide Crisis in the US: Patterns, Causes and Solutions* (No. w31242). National Bureau of Economic Research.
13. Melhem, N., Moutier, C. Y., & Brent, D. A. (2023). Implementing Evidence-Based Suicide Prevention Strategies for Greatest Impact. *Focus*, 21(2), 117-128.
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15. Mueller, K. L., Lovelady, N. N., & Ranney, M. L. (2023). Firearm injuries and death: a United States epidemic with public health solutions. *PLOS global public health*, 3(5), e0001913.
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19. Schmidt, K. (2023). Kaiya Schmidt's Suicide Epidemic Paper. *Suicide*.
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26. Rukundo, G. Z., Ogbolu, R. E., & Mugisha, J. (2023). Editorial: Hopelessness and suicide among children and adolescents in low and middle income countries. *Frontiers in Sociology*, 8, 1215073.
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